



ADA Department  
707 North First Street  
Mailstop One  
St. Louis, MO 63102

## Travel Training Program

No. 3149821554

MetroBus MetroLink



**Metro**

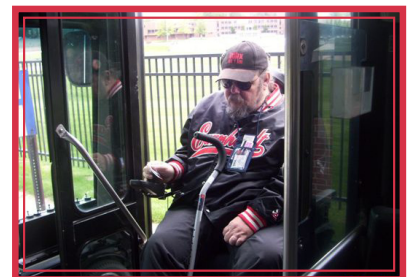


Your *Ticket to Independence*

### What Our Participants Have to Say:

“My trainer was very patient and caring. I have independence now!”  
- Victor H.

“The travel training program was most helpful in assisting me in using the service Metro offers. Staff were friendly, outgoing, patient, and upbeat.” - Estella J



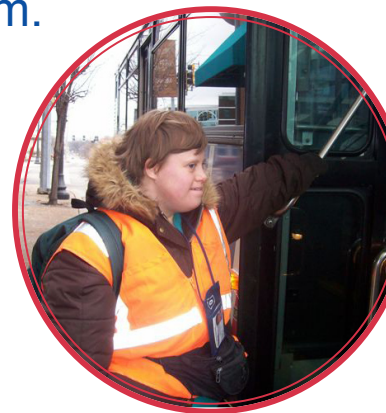
“I like the program. It was very helpful to me riding MetroLink to and from work.” - Todd M.

“I like that the services really do work and the people who help us are really nice.” - Limmie H.

**Travel Training** is your ticket to public transit freedom! Metro and St. Clair County Transit District offer Travel Training to people with disabilities wishing to use MetroBus and MetroLink services to reach their destinations. This service is helpful whether you have little to no experience using MetroBus and MetroLink or you have limited eligibility for Metro Call-A-Ride or Alternative Transportation System.

### **Travel Training Can Provide More:**

- Independence
- Employment opportunities
- Access to community activities



### **Individualized Instruction**

Prior to starting Travel Training, you will be individually evaluated. Based on your evaluation, instruction will be tailored to specifically meet your skill levels and needs. Individualized instruction continues on a regular basis until you feel confident in your ability and you can demonstrate complete independence in using public transit.

Through one-on-one instruction with a qualified instructor, you will learn to ride fixed route buses and trains.

You will also learn the practical skills needed to travel the Metro system with confidence and safety.

#### **Skills Taught Include:**

- Purchasing/Paying Fare
- Landmark Identification
- Emergency procedures
- Proper boarding and departure procedures
- Community safety skills
- Proper street crossing skills
- Recognizing bus numbers
- Appropriate social behavior
- Determining appropriate routes

### **Travel Orientation Services**

If you simply need to be familiarized with the transit system, Travel Orientation services are available to provide information regarding fares, routes, and schedule reading.

### **For More Information**

To obtain more information, sign up to participate or to arrange an in-service, contact the Travel Training Program at **(314) 982-1554**.